

e-Police Life is Coming!



CONTENTS



02
Police Coast Guard:
Making Waves Then
and Now



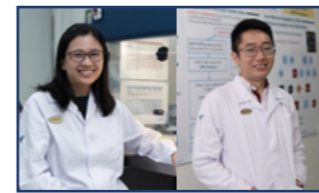
18
Training Safety is
Everyone's
Responsibility



06
Pulling Up to the
Challenge



22
Celebrating HomeTeam
NSMen - Waterfront
Haven in the East



08
Partners in Crimefighting
– The DNA Forensic
Scientists



24
40 Years of Making
Singapore Safe and
Secure for All



12
Paddling Together as
One "Force"



26
Tracking Down
the Attackers



14
Centrespread



28
Serving Singapore
in Blue, as One



16
Eight Questions with
a Traffic Police (TP)
Officer

THE NEXT CHAPTER



A letter from Senior Assistant Commissioner of Police (SAC) Tan Tin Wee, Director, Public Affairs Department, Singapore Police Force (SPF); Editorial Advisor of *Police Life*.

Dear officers, friends and readers,

In 1976, former Commissioner of Police (CP) Goh Yong Hong proposed the creation of an SPF magazine that would help explain management policies to officers on the ground and chronicle important events on the Police's calendar. This was the start of *Police Life*, a magazine that many of us have grown up with, and come to know well.

Over the past 46 years, *Police Life* has undergone many changes to better share our stories with readers. In 2006, former CP Khoo Boon Hui noted that *Police Life* has risen to the occasion in order to "remain relevant, engaging, and adapting to the media formats of tomorrow". Looking back, this is true even 16 years later - indeed, at various stages, *Police Life* was a monthly magazine, a weekly newsletter, an annual almanac and even a mobile app!

I am pleased to report that *Police Life* continues to evolve, in order to take advantage of communications technology,

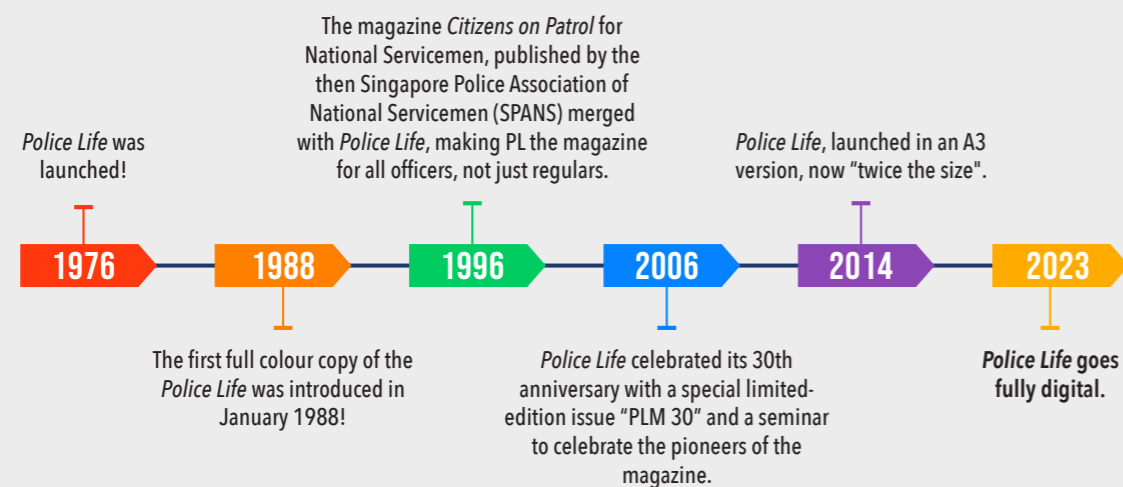
and changing media consumption habits. This will enable us to better meet expectations of today's readers. From 2023 onwards, *Police Life* will be relaunched as an online platform on the SPF corporate website. With the new platform, readers no longer need to wait for the next issue for *Police Life* to enjoy Police news and features. Instead, we will be able to update readers on a more frequent, and more timely, basis.

The medium may change, but our mission remains the same: to showcase the dedication and aspirations of our officers, and share their inspiring stories with the public.

We look forward to your continued support, and journeying with you for the next chapter of *Police Life*.



SAC Tan Tin Wee
Director,
Public Affairs Department,
SPF



Editorial Committee

Editorial Advisor
Tan Tin Wee

Chief Editor
Ho Yenn Dar

Senior Editor
Mike Tan



Editor
Seah Hwee Khan

Journalists
Christabelle Lim, Domnic Dass, Leow Su Ling

Cover Design
Haqeel Samsuri

Police Life is a publication of the Singapore Police Force. For feedback or enquiries, please write to the editorial team at SPF_Publication@spf.gov.sg. The materials in this publication are not to be reproduced in whole or in part without the prior written consent of the Editorial Committee. All rights reserved. Whilst we have tried to ensure that information provided is up-to-date and accurate, the publisher will not be responsible for any errors or omissions.

POLICE COAST GUARD: MAKING WAVES THEN AND NOW!

 Dominic Dass & Muhammad Ridzuan  Singapore Police Force

Did you know that the Police Coast Guard (PCG) is one of the largest operational units in the Singapore Police Force (SPF), with over 1,200 officers and 100 vessels?

Previously known as the Marine Police, the division was renamed 'Police Coast Guard' on 13 Feb 1993. The upgrading of Marine Police to Police Coast Guard was to keep abreast of developments in its operating environment and rise to face new challenges. The PCG safeguards the waters of Singapore to prevent, deter and detect crime in our territorial waters.

Let us look at how the PCG fleet has evolved to keep our waters safe and secure!

THEN: The Historical Fleet



PA CLASS BOAT

Dating back to colonial times, the PA Class Boat was used for policing our territorial waters by the Marine Police, the predecessor of the PCG. It was used extensively until it was decommissioned in the 1980s, when the faster PT Class Boat was introduced.

Features: Wooden hull
Speed: 16 knots (29.6 km/h)
Operational use: Deep water
Propulsion: Propeller-driven



PB CLASS BOAT

The PB Class Boat was introduced around the same period as the PA Class Boat, but this was a faster craft.

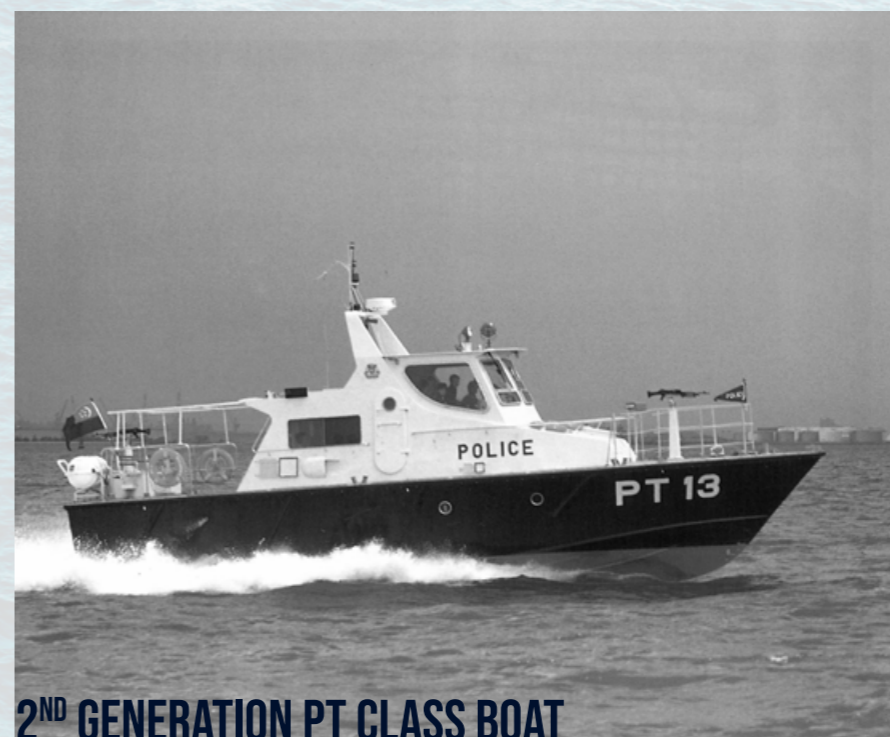
Features: Wooden hull
Speed: 23 knots (42.6 km/h)
Operational Use: Deep water
Propulsion: Propeller-driven



PC CLASS BOAT

The PC Class Boat was introduced to the Marine Police fleet for its high-speed manoeuvrability. Due to its light weight and much smaller size compared to the PT Class Boat, it was usually deployed in shallow and calm waters.

Features: Fibreglass hull
Speed: 31 knots (57.4 km/h)
Operational Use: Shallow water
Propulsion: Propeller-driven



2ND GENERATION PT CLASS BOAT

Built in 1989, this 14.8m-long boat was the pride of the Marine Police. Fitted with powerful twin turbo-charged diesel engines, the 2nd Generation PT Class Boat was capable of operating in various conditions. Besides being fully air-conditioned, it also had refrigerators and microwave ovens – which made it well-loved by officers! It was equipped with advanced nautical and communication equipment, which proved to be of great assistance for coastal surveillance and enforcement patrols.

Features: Aluminium Hull boat, air-conditioned, equipped with advanced nautical and communication equipment
Speed: 30 knots (55.6 km/h)
Operational Use: Deep water
Propulsion: Propeller-driven



2ND GENERATION PJ CLASS INTERCEPTOR

The 2nd Generation PJ Class Interceptor Craft was introduced in 1997. This high-speed assault craft was used by the PCG's Special Task Squadron (STS) to engage aggressive and fast-moving seaborne threats.

Features: Shock-absorbent seats, low draft
Speed: In excess of 45 knots (83.3 km/h)
Operational Use: Deep and Shallow water
Propulsion: Outboard motors



3RD GENERATION PT CLASS BOAT

Introduced in 1998, the 3rd Generation PT Class Boat was fitted with better surveillance and communications equipment, including an Electric Optic camera. The 18m-long boat was larger than the older boats and featured a streamlined hull, allowing for greater speeds.

Features: Streamlined hull, advanced surveillance, and communications equipment
Speed: In excess of 40 knots (74.1 km/h)
Operational Use: Deep water
Propulsion: Water jets

NOW: The Newly Commissioned Fleet

In June 2022, the PCG unveiled three next-generation crafts: the 5th Generation PT Class Patrol Craft, the 3-Series PC Class Patrol Craft, and the 3rd Generation PJ Class Interceptor. These vessels are deployed to enhance PCG's operational capabilities.



5TH GENERATION PT CLASS PATROL CRAFT

The 5th Generation PT Class Patrol Craft is the latest high-speed boat added to our southern waters patrol fleet. At a length of 23m and with high manoeuvrability, this craft is designed for maritime security and interdiction operations.

Features: Optimised hull design for improved hydrodynamic performance, customised ship control management system to enhance operation efficiency, improved sensors for surveillance and navigation, remote weapon system and ballistic protection

Speed: In excess of 55 knots (101.9 km/h)
Propulsion: Water jets

Operational Use: Shallow and Deep water



3-SERIES PC CLASS PATROL CRAFT

The 3-Series PC Class Patrol Craft is the latest high-speed patrol craft added to the northern waters patrol fleet. It is designed for interception operations, vessel board and seizures, and rescue and recovery.

Features: Proven hull form for manoeuvrability
Operational Use: Shallow water

Speed: In excess of 50 knots (92.6 km/h)
Propulsion: Outboard motors



3RD GENERATION PJ CLASS INTERCEPTOR

The 3rd Generation PJ Class Interceptor is built to support maritime law enforcement operations by the STS. With improved manoeuvrability, it enables the STS to engage aggressive and fast-moving sea-borne threats.

Features: Surveillance sensors for navigation and detection, reinforced hull to support complex operations, fenders along the hull for force-boarding

Speed: In excess of 55 knots (101.9 km/h)
Operational Use: Shallow and deep water
Propulsion: Outboard motors

Scan the QR code to see the PCG crafts in action!



Pulling Up to the Challenge!

✍️ Domnic Dass 📷 Joel Kuan

Have you ever stood in-front of the pull-up bar and attempted a pull-up, only to be defeated by the pounding weight of gravity? How about pushing your limits to five repetitions then to ten or more?

The struggle – unimaginable. The goal – ambitious (at least, for me).

Now, imagine doing 28 pull-ups! That's just one of the things Sergeant (Sgt) Stephanie Koo "pulled" off during her training in Training Command (TRACOM). At her intake's Passing Out Ceremony in September 2022, she outperformed all other trainees to become the first female officer to receive the Best in Operation Fitness Award!



operational tests, for example, the IPPT, Shooting, Swimming, and Police Contact Tactics. Sgt Koo excelled in these, and also received high scores in her appraisals.

As a trainee, she also volunteered for the post of Physical Training In-Charge for her squad where she planned and implemented the physical training regime for her squad during their free time. Sgt Koo also took responsibility to help the female police officer trainees in her squad improve their fitness. She even created a group in a fitness app and encouraged her squad mates to post their weekend training sessions onto it as a way of motivating her squad.



Sgt Koo (second from right) receiving the award from Commander TRACOM, Senior Assistant Commissioner of Police David Scott Arul (second from left).

Now a Ground Response Force officer at Ang Mo Kio South Neighbourhood Police Centre, Sgt Koo's smiling presence belies her physical capabilities. Known as the "Pull-up Queen" during her time at TRACOM, she not only completed 28 standard pull-ups but also scored Gold for all her three Individual Physical Proficiency Tests (IPPTs).

In order to get the Best in Operation Fitness Award, an officer needs to perform well in their physical and



Sgt Koo (centre) presenting a token of appreciation to Superintendent of Police Winnie Foo, Commanding Officer of Basic Training School, TRACOM, after an inter-squad team challenge competition. The tokens, depicting the different IPPT stations, were handcrafted by Sgt Koo and given out to her fellow batch mates too!



Police Life (PL): How did you feel when you became the first female trainee to attain the Award?

Sgt Koo: I felt proud to receive this Award and it motivates me to continue with my fitness journey.

PL: Aren't pull-ups no longer part of the IPPT stations?

Sgt Koo: In TRACOM, regular trainees must perform pull-ups as part of their fitness assessment. Pull-ups were reintroduced to our training as it helps build upper body strength, which ensures officers can keep up with the demands of frontline policing.

PL: Were you always this fit? What were you doing before joining the Police?

Sgt Koo: When I was in secondary school, I was a cadet in the National Cadet Corps and we did a lot of physical exercises. After secondary school, I pursued my passion and obtained a diploma in Pastry and Baking before working as a Baking Assistant for six years.

During that time, I stayed active, practised Muay Thai and did rock climbing. Eventually, I found that workout sessions in the gym worked best for me.

PL: Why did you switch from your passion of baking to joining the Police?

Sgt Koo: I was inspired by reading *Police Life* articles on women in policing, and I learnt that women can also contribute to Singapore's safety and security. I always love

a challenge, and the test posed by joining the SPF, as well as an opportunity to serve, was simply too good to pass up! I still love baking, by the way. It's just that now, I only bake at home!

PL: How do you ensure that you get quality time to train while working on shifts?

Sgt Koo: I go for my gym sessions before my night shift and during my days off. I make sure that I get adequate rest between sessions, so that I don't overstrain or injure myself.


PL: What's your top tip for those who want to keep fit?

Sgt Koo: There's no one-size-fits-all solution to keeping fit. My advice is to find an activity that you enjoy doing. Even if it's just one activity, stick to it. Doing something that you enjoy helps you to maintain consistency and motivated to reach your goals!

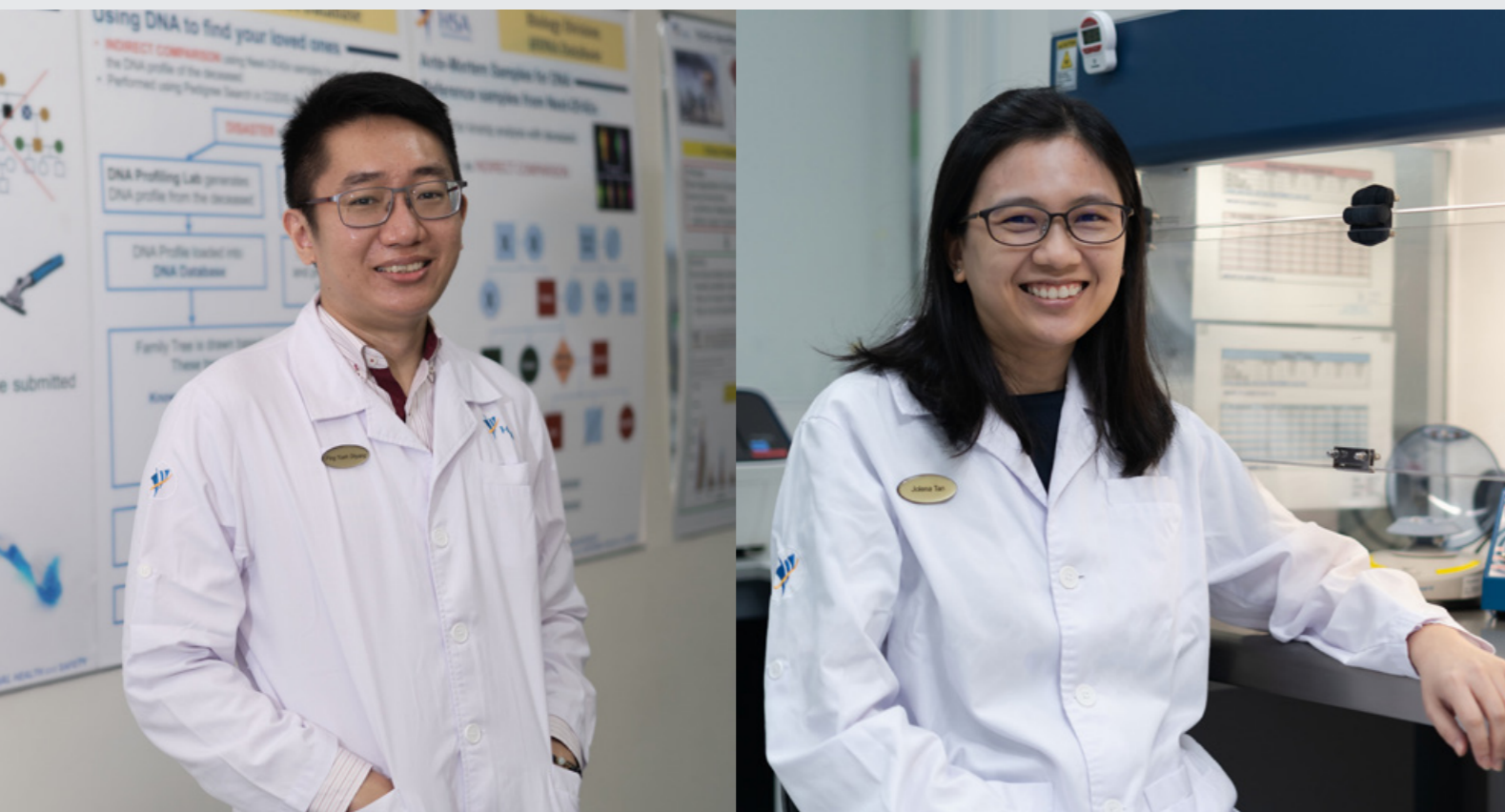
PL: What do you have to say to women who are thinking of joining the SPF?

Sgt Koo: At present, we have more than 1,800 female officers in the Force. Female officers are practically in every unit. If male officers are expected to scale a wall while bearing a 20kg load, female officers will do the same. If you train hard and work hard, you can achieve anything!

Partners in Crimefighting – The DNA Forensic Scientists

 Christabelle Lim  Roger Yue III

DNA-related evidence is often used to solve crimes, but have you ever wondered how a DNA profile is detected? *Police Life* (PL) speaks to the experts to find out what a typical day is like in the forensic laboratory, the challenges they face, and the team effort required to translate new research methods for use in the criminal justice system.



Mr Ryan Ping and Ms Jolena Tan are Senior Forensic Scientists at the Health Sciences Authority, specialising in Forensic DNA and Serology.

PL: What's the day-to-day work like in the DNA Profiling Laboratory?

Ryan: The bulk of our work involves supervising exhibit examination, interpreting DNA profiles, writing case reports, and giving testimonies in Court as expert witnesses. Although the lab work can be routine, every crime case is dynamic.

Besides that, we also conduct research into new technologies to enhance and expand the forensic genetics capabilities of the lab as well as conduct training for police and judicial officers on the use of DNA evidence.

PL: How does the work in a forensic DNA lab differ from an academic setting?

Ryan: They are similar in that we test and evaluate hypotheses. However, the difference is that the samples used in academic labs are usually high-quality, pristine and not limiting, while the samples in forensic labs usually contain environmental contaminants and are of limited quantity.

Forensic labs also don't have the luxury of experimentation and must work within defined operating processes and limited samples.

PL: What are some of the challenges faced by scientists in a forensic DNA lab?

Jolena: DNA profiles are getting more complex. This is because DNA testing methods and instrumentation are now highly sensitive and can pick up even low amounts of DNA. It can be a challenge to distinguish the many different contributors in a sample.

That's why good evidence recognition plays an important role in crime-solving. Evidence triaging, coming up with the right questions, filtering what is critical to the case, all help ensure that laboratory resources are optimised.

PL: How does the trend towards use of portable rapid DNA instruments, driven by the demand for faster DNA analysis, impact the work in forensic labs? Will forensic labs even be needed in the future?

Jolena: The rapid DNA instruments are fast, easy to use and can deliver results in 90 minutes. They are intended for use on pristine samples and can be performed by non-lab personnel with minimal human intervention.

In countries where a sample may take a long time to reach the lab, law enforcement officers can use such instruments to quickly obtain a DNA profile of a suspect via a swab and compare it to a database. However, DNA collected from crime scenes are usually low in quantity and purity and may even be a mix from several different persons. Hence, it's necessary to conduct the DNA processing in the laboratory, where trained personnel can analyse and interpret the results.

PL: Crime scene investigations on TV often depict solving a crime is only a matter of conducting a DNA test. How true is that?

Jolena: The forensic DNA field has advanced rapidly over the past few decades; however, it takes time to translate new technologies into forensic use. For example, age of a contributor can be predicted using DNA, but this currently requires a large amount of starting DNA.

Secondly, vigorous testing is needed to assess the robustness, reproducibility, reliability, and limitations of new methodologies and technology platforms to ensure they are suitable for forensic use.

The truth is that it takes a team to bring an offender to justice, from the investigators working the case and lab personnel processing the evidence to those in the legal system as well!

PL: What's the most memorable moment in your career thus far?

Ryan: It would be the sense of fulfilment that I felt as the lead scientist when the Y-chromosome DNA testing capability (to enhance male detection in sexual assault cases) was successfully implemented in 2018.

Jolena: It's the sense of achievement that I get when the investigators informed us that the DNA leads which we'd tirelessly ploughed through had enabled them to solve a case!

The dead tell no tales, but what if there isn't even a body?

The 2016 Marina Bay Gardens murder case was solved using mitochondrial DNA sequencing for the first time in Singapore.



A gruesome find of chopped up body parts, and a silent witness, DNA.

In 2005, various body parts were found along the Kallang riverbank. With the help of the silent witness, DNA, the accused wasn't able to deny his crime any longer.

Superintendent Roy Lim, Head of the Special Investigation Section, recounts how officers ensured that justice was served.



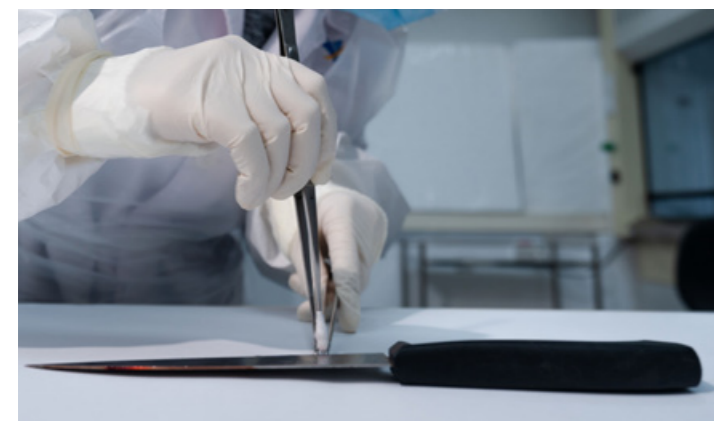
In the Lab

Applying science and technology to fight crime – how scientists at the Health Sciences Authority (HSA) extract DNA from an exhibit!

STEP 1

Examination for Biological Materials

An exhibit seized by the Police is brought to the DNA Profiling Laboratory. Senior Forensic Scientist Ryan Ping (out of frame) discusses with the Lab Officer on the most suitable areas to conduct blood examination.



STEP 2

Recovery of Biological Materials for DNA Analysis

After a quick test to confirm that the stain on the exhibit is human blood, a cotton bud is used to swab the stain.



STEP 3

Completing the Collection Process

The cotton bud is cut out and placed into a test tube for DNA extraction.



STEP 4

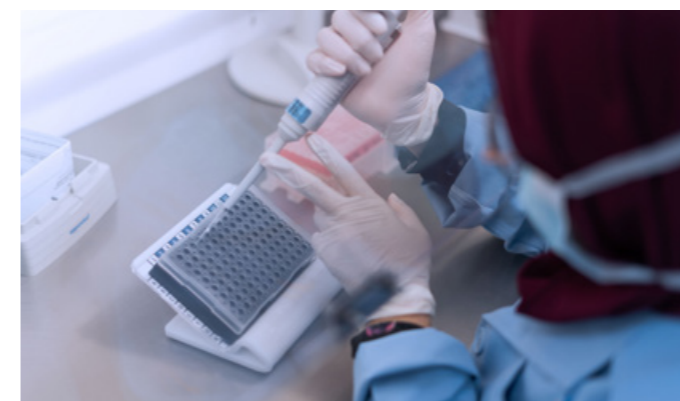
Preparation for DNA Extraction

At the DNA Processing section, the Lab Officer prepares the sample for extraction. First, a concoction known as an extraction buffer is added to the sample and then incubated for 30 minutes in a thermomixer.

STEP 5

DNA Extraction

After incubation, the sample is now ready for processing in the DNA extraction machine. Much like clothes in a washing machine, the sample goes through rounds of lysis (the process whereby cell membranes are broken down to release DNA) and washing. After the extraction process, the DNA is recovered in a buffer solution forming the DNA sample!



STEP 6

DNA Quantitation

A small portion of the DNA sample is prepared for DNA quantitation to determine the quality and concentration of the DNA sample for amplification.

STEP 7

DNA Amplification

A small portion of the DNA sample is loaded into the DNA amplification machine based on the concentration determined during quantitation. Similar to a photocopier, this machine amplifies the DNA sample by making billions of copies for separation and detection.



STEP 8

DNA Separation and Detection

After DNA amplification, the amplified DNA are separated and detected in a Genetic Analyser (pictured). The DNA profiles are then generated in the form of a graph containing data on the DNA.



STEP 9

Interpreting the DNA Result

Scientists Jolena and Ryan discuss and interpret the possible contributors to the DNA profile. This result is then shared with the Police via a formal report, which can serve as an important piece of evidence in an investigation.

Paddling Together as One "Force"!

✍️ Domnic Dass 📷 Public Affairs Department

The pounding drums echoed over the waters of the Kallang Basin once again as the Police Sports Association (PSA) Inter Division Police Dragon Boat Championship returned!

Sun's Out, Paddles Out

The much-anticipated Police Dragon Boat Championship took place at the Singapore Sports Hub's Water Sports Centre on 13 October 2022. The revival of the event, after the pandemic ceased all Police sports competitions for two years, drew many Singapore Police Force (SPF) officers who'd been awaiting the return of the much-anticipated championship to the event!

Despite the blistering heat, supporters stood on the terrace to cheer their teams on, as the drums of the

Deputy Commissioner (DC) of Police How Kwang Hwee, Deputy Commissioner (Investigation & Intelligence) and concurrent Director of the Criminal Investigation Department, graced the event and presented the awards to the runners-up and champions in each category.

dragon boats thundered over the water, creating an electrifying mood.

Many officers brought their families along as well. The various participating SPF units flew their flags and wore their team T-shirts with pride.

Competing teams strived to impress with their individual cheers and huddles, before going down to their respective dragon boats. Even though they were racing out on the waters, support for each team from supporters resounded loudly from the shore!



Bedok Division emerged Champions in both the Senior Officers' 'B' category and the Men's 'B' Category!



Special Operations Command's Dragon Boat Team won the Men's 'A' Category!



A team consisting officers from the Commercial Affairs Department, Criminal Investigations Department, and the Police Intelligence department, were crowned the overall Champions of the non-specialist category!



Officers from the Police Coast Guard (PCG) showed that they knew their domain the best. Not only were they overall Champion in the Specialist category, but they also swept the top prizes in the categories of the Senior Officer 'A', Women's, Mixed Race and Seniors Race. The PCG team was eventually crowned as the overall PSA Inter Division Police Dragon Boat Champion!

Congratulations to all the winning teams, and to all the officers who took part in the 2022 Championship. See you next year!

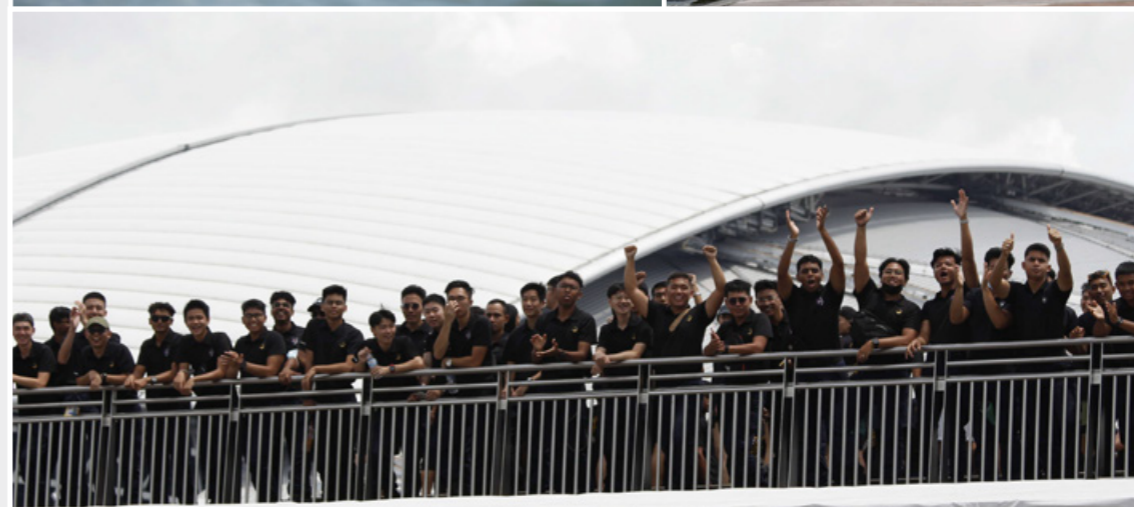
The Same Blue.

The competition was intense, but at the end of the day, the participants showed that they were all the same "blue" – on the water and in uniform!



Colleagues stood by to congratulate the teams when they returned from their races as well!

Here are some shots from the races!



Enter the Dragon

Dragon boat racing has been a traditional Chinese sport for over 2,000 years, but began as a modern international sport in Hong Kong in 1976.

The sport was first introduced to Singapore in 1978 when Hong Kong invited Singapore to take part in its annual dragon boat races. Since then, dragon boat racing has grown in popularity, prompting the formation of the Singapore Dragon Boat Association (SDBA) in 1987. The PSA introduced the first Police Dragon Boat Competition in 1995.

Since then, the SDBA have been assisting to officiate the events.



Photo by: Roger Yue III

EIGHT QUESTIONS WITH A TRAFFIC POLICE (TP) OFFICER



Leow Su Ling



Singapore Police Force



Police Life (PL): What do you do?

Sgt 3 Azizul: As a TP officer, I patrol the roads daily to engage and educate road users on the importance of following road traffic rules. I also enforce these rules against errant road users.

PL: What do TP officers look out for when they are on the road?

Sgt 3 Azizul: We look out for quite a few things. We have to ensure motorists use their seatbelts properly; don't use their handphones while driving; don't beat red lights; and don't exceed the speed limit. I believe that all road users should be responsible for their actions. A motorist's errant and/or irresponsible actions may also endanger the safety of others. Every action has a ripple effect, so whenever you are driving or riding, or even if you are a pedestrian, please be responsible and considerate to others.

PL: What kind of cases do TP officer usually attend to?

Sgt 3 Azizul: As TP officers, we attend to various incidents and accidents on our roads. Some of these incidents include enforcing traffic violations such as speeding, drink driving, driving without license or whilst under disqualification. We also render assistance to motorists involved in road traffic accidents.

PL: If there were 3 things you could advise all road users to do, what would it be?

Sgt 3 Azizul: First, I would encourage all road users to adhere to traffic rules and regulations. This will make our roads safe for all users. The safety of all road users, begins with you. Second, always be vigilant when you are driving or riding. Accidents happen when you are inattentive or complacent. All it takes is just a moment of lost concentration for an accident to occur. We must keep a constant lookout for road hazards, and for more vulnerable road users. Lastly, be gracious and courteous on the roads. Signal

your intentions early and give way to others, and don't forget to smile, and thank others!

PL: Tell us more about your TP motorcycle and how fast do you go on the road?

Sgt 3 Azizul: Even though we are TP officers, we have to abide by the traffic rules including the speed limits when on routine patrols. We enforce the laws, hence we have to set a good example to ensure the safety of all road users. The motorcycles we are currently using is the BMW R1250RT. It has 136 horsepower and can reach a top speed of 200 km/hr. More importantly, it comes with safety features such as anti-lock braking and traction control systems that help to keep us safer while we are performing our duties.

PL: As a TP officer, what was the most memorable experience you've had on the road?

Sgt 3 Azizul: About two years ago, I was manning a roadblock when a driver refused to stop. I gave chase on my bike and the driver tried to evade capture by making attempts to side-swipe me. My colleague and I eventually stopped him at a multistorey carpark and arrested him with the help of other members of the public. It was heartening to me to have members of the public coming forward to assist police officers to prevent, deter and detect crime.

PL: Doesn't it get hot wearing the TP jacket and riding under the sun?

Sgt 3 Azizul: It does get hot at times, but the riding jacket has elbow guards and padding, as well as shoulder guards and a back guard to help minimise injuries in the event of an accident. We also don riding gear such as the full-face flip-up helmet, motorcycle gloves, riding breeches and riding boots to keep us safe.

PL: Thanks for speaking with us! How do I become a TP Volunteer?

Sgt 3 Azizul: You can apply through the Volunteer Special Constabulary. After you have completed your training, you can indicate your preference to join the Traffic Police. However, you don't have to be a volunteer to contribute to road safety. Remember, road safety is everyone's responsibility! Stay safe and see you on the road.

Read the safe riding tips from Singapore Road Safety Council
www.srsc.org.sg/motorcyclists.html



Find out more about the Volunteer Special Constabulary by scanning on the QR code!
go.gov.sg/spfvolunteerspecialconstabulary



Watch the interview of SGT Azizul
<http://fb.watch/gxObSKN-cK>





Training Safety is Everyone's Responsibility!

✍️ Domic Dass 📷 Joel Kuan

The inaugural Singapore Police Force (SPF) Training Safety Symposium was held on 6 October 2022! Graced by Guest of Honour CP Hoong Wee Teck, the Symposium helped build awareness for the desired strong training safety culture in the SPF. Find out how!

The Training Safety Symposium saw more than 400 officers from the SPF, Home Team Departments and the Ministry of Defence attend the event, with another 140 more officers joining remotely.

The theme for the Symposium, "Training Safety is Everyone's Responsibility", highlighted the fact that we all have a role to play in training safety and reminded officers that training safety is an integral part of the SPF's culture.



Group photo of (from left) Deputy Commissioner of Police (Policy) Jerry See, Brigadier-General (BG) Frederick Choo, Chief of Staff-Joint Staff, Singapore Armed Forces (SAF) Inspector-General and Chief Sustainability Officer, Commissioner of Police (CP) Hoong Wee Teck, Senior Assistant Commissioner of Police Anthony Ng, Director Training and Capability Development Department (TCDD), and Associate Professor (AP) Jason Lee, National University of Singapore.

Director TCDD, in his opening address, highlighted the importance to make the SPF a safe workplace where officers can work with the assurance that their physical and mental well-being are taken care of. The Symposium further reinforced the importance of ensuring the well-being of our officers as they undergo training.

A 'SAF'e Way to Train

Two distinguished guest speakers shared their experiences and insights on training safety at the Symposium. The first, BG Frederick Choo, explained how the SAF prioritises training safety as a mission imperative and noted how adopting a zero-accident mindset has led to a stronger safety culture within the SAF.



Director TCDD giving his opening address



BG Frederick Choo explaining about the SAF training safety culture.

Keeping Our Cool

Another timely subject was effective heat management for operational safety and performance. AP Jason Lee from the National University of Singapore's Yong Loo Lin School of Medicine shared how heat stress can pose challenges beyond heat injuries and performance degradation. He concluded his presentation by noting how optimal safety enhances performance rather than compromises it.



A Three-pronged Approach to Training Safety

Another highlight of the Symposium was the presentation by Superintendent of Police (Supt) Tham Guoxian, Head Training Safety & Evaluation Division, TCDD. Speaking on the SPF's training safety framework, he shared that it consisted of three prongs: Prevention, Detection and Deterrence. SUPT Tham emphasised that the goal of the framework is to set in place a safer and more secure training environment for every SPF officer



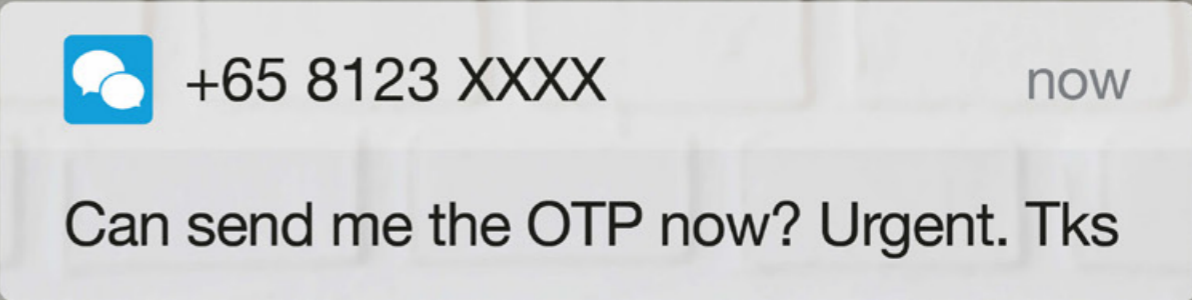
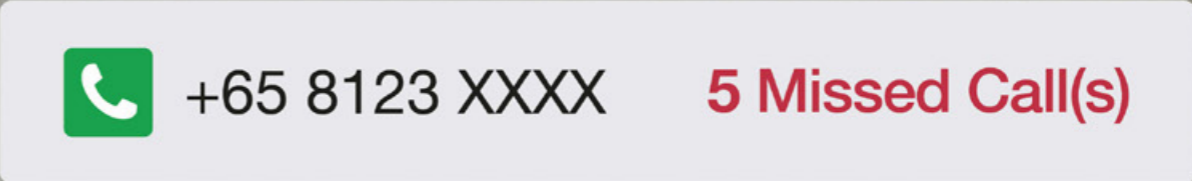
Supt Tham sharing on SPF's training safety framework.

and to develop a safety culture that has zero tolerance for non-compliance.

Towards the end, Supt Tham explained that the SPF has introduced a new Training Safety Champion Award to recognise officers who proactively advocate training safety. The award serves as an encouragement for the recipients to continue with their contributions and inspire others to emulate their good work, dedication and commitment to training safety.

Finding the right balance for our officers to train both realistically and safely remains the challenge. We can work together to nurture the right mindset and embracing good safety ideas to develop a stronger training safety culture!

Assistant Superintendent of Police (ASP) Ho Bowen from the Exercise & Readiness Division, Operations Department, was one of 10 officers who received the Training Safety Champion Award.



Don't Give!
Never share your OTP.
No one needs to know.



SPOT THE SIGNS. STOP THE CRIMES.



40 Years of MAKING SINGAPORE SAFE AND SECURE FOR ALL

Mike Tan National Crime Prevention Council

When it comes to keeping Singapore crime-free, we all have a part to play, and that's what drives the NCPC in its vital work.

THE NATIONAL CRIME PREVENTION COUNCIL (NCPC) CELEBRATES 40 YEARS

Established in July 1981, the NCPC has played an essential role in raising public awareness of crime and helping Singaporeans appreciate how crime prevention is a shared responsibility.

In its early years, the NCPC focused its efforts on physical crimes like robbery, housebreaking and theft. As the types of crime that Singapore faces has evolved (with scams becoming an area of concern in recent years), the NCPC has kept pace by launching innovative new campaigns and initiatives.



MILESTONE MOMENT

On 28 September 2022, the NCPC celebrated its 40th anniversary with its stalwart volunteers, partners, stakeholders and sponsors. Among the distinguished guests in attendance were Mr Teo Chee Hean, Senior Minister and Coordinating Minister for National Security, and Ms Sun Xueling, Minister of State, Ministry of Home Affairs and Ministry of Social and Family Development.

The anniversary dinner helped raise \$700,000 to support the NCPC's programmes and operations. Thanking the guests and partners for their commitment and support, NCPC Chairman Mr Gerald Singham urged them to renew their efforts.

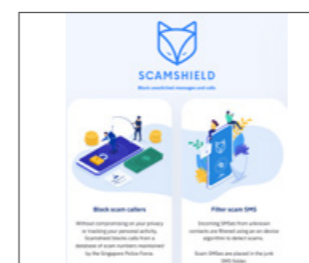
"[Our] safety and security depend on those who believe that we *can* be safe and secure," he said. "Singapore is one of the safest cities in the world, but we must always remember not to let our guard down."



“Singapore is one of the safest cities in the world, but we must always remember not to let our guard down.”

– NCPC Chairman
Mr Gerald Singham

(Just) Four Ways the NCPC has Made a Difference in Preventing Crime



With 450,000 downloads and counting across both iOS and Android (as of November 2022), this innovative app protects smartphone users by detecting scam messages and blocking scam calls.

www.scamshield.org.sg



Delta League The kids are alright – since 2011, over 20,000 youths have participated in this football engagement programme, which comprises matches, skills clinics, crime prevention talks and other related activities.

www.facebook.com/DeltaLeagueSG



Crimewatch Now in its third decade, Crimewatch remains the most popular show on local TV, with its ScamAlert segment providing essential tips to viewers.

www.mewatch.sg/crimewatch



Crime Prevention Ambassadors Talk about people power! The NCPC's inspiring volunteers help bring the crime prevention message to hundreds of neighbourhood roadshows and talks.

www.ncpc.org.sg/cpas



Celebrating Home Team NSmen Waterfront Haven in the East

Christabelle Lim

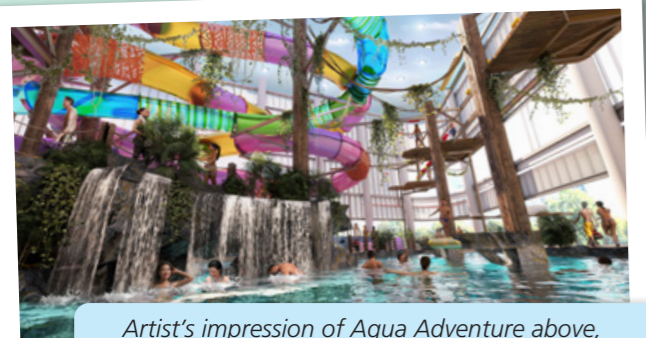
HomeTeamNS

Home Team National Servicemen (NSmen) along with their family and friends can soon enjoy the facilities of a new waterfront-facing clubhouse at HomeTeamNS Bedok Reservoir! This recreational space at Bedok Reservoir is designed for both young and old, with a range of facilities as well as food and beverage options as a result of a culmination of efforts by our NSmen volunteers and HomeTeamNS staff.

Here are four things about HomeTeamNS Bedok Reservoir that we're looking forward to when it opens from December 2022!

1 Splashing good time featuring the tallest indoor water slide in Singapore and a pool with a view!

HomeTeamNS Bedok Reservoir is home to not one, but two aquatic facilities. First, an indoor water adventure centre, Aqua Adventure, featuring the tallest indoor waterslide in Singapore, as well as a six-lane swimming pool with a picturesque view overlooking the reservoir!



Artist's impression of Aqua Adventure above, and six-lane swimming pool below.

2 Spend quality bonding time with your loved ones at East Villa.

All 10 of the concept villas are perfect for family gatherings, complete with roof balconies, kitchenettes and sheltered BBQ patios!

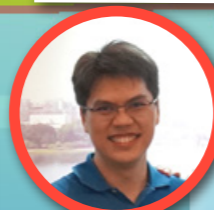


Artist's impression of East Villa and views of the reservoir.



"If I can only choose one attraction to visit, it'd have to be the pool! I love swimming so I'd likely spend most of my time there!"

~ Inspector (NS) Tan Jun Wei
Member of the HomeTeamNS Bedok Reservoir Executive Committee



"One thing I'm certainly looking forward to is booking the brand-new villas overlooking the reservoir!"

~ Deputy Assistant Commissioner of Police (DAC) (NS) Muhammad Azfar Bin Ramli
Chairman of the HomeTeamNS Bedok Reservoir Executive Committee

3 "Ready, set, game on" in the Digital Play Zones!

Experience 'Action Motion', an indoor digital active experience arena with action-packed Augmented-Reality bouldering walls and trampoline, net maze and a multi-level obstacle course. These are all fitted with a gamified system, a real-time leaderboard tracker that lets participants compete against one another!



Artist's impression of the Multi-Level Obstacle Course, featuring climbing walls and net maze.



"My family and I are really looking forward to everything that's on offer at the Multi-Level Obstacle Course and augmented-reality bouldering walls!"

~ DAC (NS) Azhar Bin Yusof
Member of the HomeTeamNS Bedok Reservoir Executive Committee

4 Dine at the promenade with breathtaking views of the reservoir.

Explore a range of interesting dining options at the promenade area with family and friends while enjoying the view of Bedok Reservoir.



Artist's impression of the Clubhouse facade with a range of dining options on the ground floor.



"I look forward to many interesting conversations over meals and drinks by the water."

~ Deputy Superintendent of Police (NS) Kamlesh S/O Gope Ramchand
Member of the HomeTeamNS Bedok Reservoir Executive Committee

Be spoilt for choice at HomeTeamNS Bedok Reservoir, opening from December 2022. See you there!

Did you know?

As part of NS55, NSmen who have served or those who are currently serving their Full-time National Service will receive a complimentary, one-year HomeTeamNS principal membership! Check your NS55 letter for more details!

Staff of Home Team agencies are also eligible for free HomeTeamNS membership with the option to upgrade to associate members.

Find out more at: <https://www.hometeamns.sg/membership>



Tracking Down the Attackers

✍ Leow Su Ling 📷 Singapore Police Force

We find out how officers from Bedok Division solved a case of Voluntarily Causing Grievous Hurt by Dangerous Means by leveraging Police Cameras (PolCams) and brought the perpetrators to justice.

Hello Police?

In the wee hours of 30 August 2019, the Police were alerted to an assault case at a pub along Geylang Road. A caller reported that there were two men bleeding profusely. The urgency was clear in his voice as he requested for police officers to be sent over.

First responders soon arrived at the scene and the two victims were sent to the hospital. The caller told the Police that he'd gone to the pub with his friends, the two victims of the assault. While they were having drinks, he'd stepped away to use the washroom. When he returned to the table, his friends were missing. He then exited the pub to look for them, only to find them on the floor, injured and bloodied.

What Happened?

The Investigation Officers (IOs) immediately sprang into action and reviewed the closed-circuit television (CCTV) footage from the pub. The officers were able to identify the main perpetrator of the assault as a Chinese male, Goh Eng Chew.

By trawling through other CCTV footage, they learnt that there had been a dispute between an unknown patron of the pub and a bouncer. Goh was seen trying to settle the dispute between them. The two victims were seen smoking nearby outside the pub. One of the victims then took out his handphone and started recording the dispute. Goh's friend, later identified as Jonathan Soo, saw this and approached the victim to demand that he stop recording. This started a dispute, which then led to a physical fight. Goh and another assailant, identified as Jeremy Seet, joined Soo in assaulting both victims.

Goh was armed with a penknife and stabbed one of the victims twice in the chest and the other victim on the right knee. The assailants then fled in their vehicles.



The penknife that was used in the assault.

The Hunt Begins

After identifying the assailants, the IOs managed to track them down after conducting extensive groundwork. It was established that Goh was staying at a unit at North Bridge Road.

By trawling through PolCam footage of the area, Goh and Soo were spotted returning to the unit after the stabbing incident. To avoid detection, Goh and Soo took separate lifts to the same apartment. The officers also found footage of Goh leaving the apartment block.

The officers then attempted to ambush Goh in his vehicle along Jalan Sultan but he evaded officers and managed to get away. The Police Operations Command Centre was alerted and Police resources were activated to look out for Goh's vehicle.

Meanwhile, following a reported sighting of Seet's vehicle along East Coast Park Service Road, another team of officers successfully arrested Seet in his vehicle. The officers also found multiple drugs in the vehicle.



The Police K-9 unit was activated to search Seet's vehicle.

Eyes on the Ground

The IOs continued to search for Goh, and their efforts paid off when they found his empty vehicle in a multi-storey carpark at North Bridge Road. PolCam footage showed Goh leaving the carpark in a black jacket.

The IOs made enquiries in the area and discovered that Goh was staying in a hotel nearby. The police officers, working together with officers from the Central Narcotics Bureau, stormed the room and found Goh. Drugs were found in the room while a search of Goh's vehicle also revealed the presence of drug-related paraphernalia.

With Goh and Seet in custody, the IOs established Soo's location and he was apprehended soon after.

Brought to Justice

In September 2021, Goh was found guilty of Voluntarily Causing Grievous Hurt by Dangerous Means and other offences. He was sentenced to seven years and six months' imprisonment. Seet was sentenced to 23 years and eight months' imprisonment, for Affray, and Possession of Controlled Drugs and Drug Trafficking, among other charges. Soo was sentenced to one week's imprisonment for Affray and Consorting with Persons Carrying Offensive Weapons in Public Places.

The determination and investigative skills of officers as well as the use of PolCam were instrumental in bringing these three perpetrators to justice. Well done, officers!



You can also catch this case in an episode of **CrimeWatch** by scanning the **QR Code!**

Serving Singapore in Blue, as One

Seah Hwee Khan Singapore Police Force

A singular commitment to keeping Singapore safe and secure – Transfer of Vigilante Corps (VC) officers to the Special Constabulary (SC).

A ceremony to commemorate the transfer of VC officers to the SC was held on 22 Sep 2022. The event drew to a close the VC National Service (NS) scheme, which was incorporated into Singapore's NS scheme in 1967.

The change allows Police NS (PNS) VC officers to perform a greater variety of policing duties, as full-fledged Police officers. As Deputy Commissioner of Police (Policy) Jerry See noted at the ceremony, it will also "make the National Service experience more enriching and fulfilling." Acknowledging the vital role that VC(NS) officers have played over the decades, he thanked them for their contributions.

A Proud 55-Year History

The VC traces its roots to the 1940s when volunteer groups were formed to prevent crime. In May 1964, the Government set up a network of volunteers to help the Singapore Police Force (SPF) guard key installations and protect public areas. In 1967, the VC Act was passed, incorporating VC into Singapore's NS scheme.

During its early years, the VC comprised National Servicemen and volunteers. Their main duties were to assist the Police in maintaining public order, preventing crime and apprehending offenders. In 1981, the VC came under the command of the SPF.



PNS officers recite the Police Pledge during the commemoration ceremony.

While the VC(NS) scheme has closed, the commemoration ceremony also marks a new beginning for officers in blue. Together, we'll continue to keep Singapore safe and secure!

Vigilante Corps Heritage

Scan the QR code to watch a video on the history of the VC!



The commemoration ceremony was officiated by Deputy Commissioner of Police (Policy) Jerry See and attended by key PNS officers as well as VC(NS) officers who are now part of the SC.

SCAMSHIELD

Fight scams with ScamShield

Scan to download the ScamShield app to protect yourself and your family from scams!



GET IT ON Google Play Download on the App Store



Scammers often target victims through SMSes or phone calls



ScamShield protects you by detecting scam messages and blocking scam calls

The Android app alerts you to suspicious SMSes. The iPhone app filters them out.



This is done securely, without collecting your personal information

SCAMSHIELD



A crime prevention initiative by



Built by



In collaboration with





**SINGAPORE
POLICE FORCE**

SAFEGUARDING EVERY DAY

We are Going Digital!

Catch us on the SPF
website in January 2023

