



**POLICE
LIFE**

THE SINGAPORE POLICE FORCE MAGAZINE
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Safeguarding our Way of Life

Mapping the Power of Triple Cs
Life and Death in a Matter of Seconds

Note from the Team

The Singapore Police Force (SPF) is ready to deal with the threat of terrorism. In this issue, read all about the SPF's counter-terrorism (CT) capabilities in our four-page feature.

Wonder how it feels like to save a life in a matter of seconds? Hear from our police officers from Bukit Panjang Neighbourhood Police Centre who recently captured the heart of the nation when they saved a woman from falling from height.

Lastly, see how our officers from the various Land Divisions engage and interact with foreign workers as part of a greater effort to integrate them into our society.

Enjoy!

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Mapping the Power of Triple Cs

By Denise Luo
(Photographer: Hasif Mohd Ismail)

As fate would have it, the mathematics graduate who could have otherwise taken on a teaching route began his affinity with the blue when he accepted the Police Scholarship some twenty years ago. What started out as a means to alleviate his parents' financial burden has become a lifelong career for Assistant Commissioner of Police (AC) Koh Wei Keong as he thoroughly enjoys the nature of his work and the culture of the Singapore Police Force (SPF). Forthcoming and disarmingly candid, AC Koh exudes a down-to-earth charm as he speaks about his beliefs and commitments. Currently holding the reins as the Commander of Jurong (J') Division, AC Koh lets in on the importance of the triple Cs – Culture, Crime and Contingency Preparedness – focus areas that he has mapped out for his division.



prepare for the competition. As I dislocated my arm a few days before the actual race, I could only cheer them on in a cast from the stand," he quipped. Spending quality time with his officers is another important aspect that AC Koh highlighted. "I want my officers to feel at ease and come to me should they encounter any problems. I want to be able to support and motivate them when the need arises," he added.

Furthering his take on team bonding, AC Koh also acknowledges the need to remind officers of the importance of their work, regardless of their roles. *"During one of our lunch sessions, one of my administrative officers from the Neighbourhood Police Centre (NPC) shared with me that his work was mundane and he felt unimportant. Upon hearing this, I rectified his mindset by explaining how his work contributes to the smooth running of the NPC. At the end of the day, it is important for us to align our work with the SPF's mission,"* AC Koh said firmly.

training as the key strategy to counter the threat and help us fight crime more effectively," AC Koh deliberated.

Commenting on 'J' Division's stellar achievement at the Streetcraft Competition held towards the end of 2017, AC Koh is quick to credit the win to the existing string of Force-wide exercises and customised training regimes for the Emergency Response Teams and those tailored under the 'J' Division Adjunct Trainers Scheme. Citing that the adjunct trainers are selected from different NPCs and branches within the division to sharpen officers' police defence tactics, shooting and incident response capabilities during in-service sessions, AC Koh remains confident of levelling up the overall effectiveness of his officers.

Apart from the trainings and exercises, AC Koh also recognises the need for strong community support in terms of crime prevention and dealing with terror incidents as what the SGSecure movement sets out to do. Besides working with the People's Association to drive awareness on the series of Emergency Preparedness Days, AC Koh also notes that the support of the community is important in the aftermath of any major incident that hits our shores. *"We need to strengthen social cohesion within the community. It is all about encouraging and trusting one another to overcome any crisis,"* AC Koh said.

As the division with the largest foreign workers' population, it is an integral part of the division's work to engage them on crime prevention through various targeted initiatives. *"The Cricket League, which was started in 2015, has been revamped as the Games League to include more sporting activities. It attracted an estimate of 67,000 foreign workers and it is a good platform for us to reach out to the foreign workers on crime prevention measures,"* AC Koh shared. As a result of a slew of crime prevention engagement efforts, it remains commendable that "theft in dwelling cases in dormitories have decreased over the years".

A Familiar Voice

To viewers who have been following "Crimewatch" over the years, AC Koh will always be that familiar face with an eight-year stint hosting the programme. When asked to share his advice for officers, AC Koh reiterated with conviction, *"It is demanding to be a police officer. There will be tough times but it is important to always see meaning in your work and aligned it to the overall mission".*

Inking the Culture

A firm believer in building and nurturing an "open" culture, AC Koh makes conscientious efforts to connect and foster rapport with his officers. To him, this is the "kampung spirit" that he hopes to cultivate in his division. Manifested in many ways, AC Koh believes that this "kampung spirit" helps to forge a stronger sense of identity and belonging amongst officers – taking care and keeping a look out for one another as they work towards common goals.

As the Commander, AC Koh takes utmost pride in caring for his men. Fixated in his mission to instil the right values in officers, AC Koh has no qualms to mete out punishments to maintain order and uphold discipline. *"Discipline is demanded in the work we do. Creating an environment which is organised helps to ensure that work efficiency is not compromised. Likewise, systems and procedures should also be strictly adhered to. It is hard work because it requires the commitment of all 'J' officers to do the right thing the right way at all times,"* AC Koh emphasised.

Fighting Crime and Strengthening Contingency Preparedness

Having laid down his perspectives on work culture, AC Koh began to distil the essence of his focus which can be broadly categorised as the other two 'C's – Crime and Contingency preparedness. While AC Koh is proud to share that crime rate has fallen in the past two years, he also maintains that it is essential to continue ramping up ground capabilities.

Shedding more light on the "kampung spirit", AC Koh makes it a point to bond with his officers over regular luncheons, in-service training sessions and sporting activities. *"Even though I am not a pro in any sports, I will always try to participate in competitions with my men and train hard together. Dragon-boat was one of these sports that saw us training together for a few months to*

"The business of policing work has changed over the years. When I first joined, crime was probably the only concern. Policing work now has become more complex and demanding. The fight against the criminals is still here although the nature of crime has evolved. In addition, we also need to fight the threat of terrorism. I see

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Building an Inclusive Community Against Crime

By Hadi Hafidz

Singapore occupies a cherished place in our hearts, but for many of the foreign workers who literally help to build our country by day and night, the safety and security of our little red dot matters as much to them as the local residents. Forming an integral part of our society, the foreign workers play an equally significant role as our local community in the Singapore Police Force's (SPF) fight against crime. Thus, it is imperative for our officers from the Neighbourhood Police Centres (NPC) to actively equip and engage our foreign workers with crime prevention knowledge.

One such crime prevention initiative involved the preparation of our foreign workers and management staff for emergency situations. On 2 December 2017, officers from the Rochor NPC conducted the "Foreign Worker Engagement Evacuation Exercise", which the simulated in-house security receiving a call about an explosive parcel being placed in the dormitory. Upon the shrill ringing of the fire alarm, 500 dormitory residents immediately evacuated in an orderly manner to the designated assembly area under the guidance of the in-house security, fire and traffic wardens, and the safety officers. After the exercise, officers from the Rochor NPC shared their feedback on the positive takes of the session and deliberated on areas for improvement. Officers also dished out crime prevention advisories for our foreign workers, including a reminder to always keep their personal belongings secured in their lockers when unattended.



Photo: Rochor NPC



Photo: Rochor NPC

Jurong West NPC officers also visited one of the construction sites in their jurisdiction and conducted a crime prevention talk to about 300 foreign workers. The foreign workers were given crime prevention advisories and were reminded to stay away from crime. Our foreign workers were also encouraged to play a proactive role in fighting crime and were given a procedural guide on how to provide useful information to the police.



Photo: Jurong West NPC

To drive crime prevention awareness, officers from the Punggol NPC organised the "Megadorm Exhibition and Talk" every three months at the dormitories of Pulau Punggol Timur. At one of the recent engagement sessions held on 3 December 2017, crime prevention panels on display highlighted the recent types of scam cases occurring in Singapore. To reiterate the advisories on the panels, foreign workers were also urged to stay alert and not fall prey to these scams during the talk. Finally, to reinforce the learning points, the foreign workers were required to sit for a quiz where they were tested on the appropriate actions to take in various scenarios.

Through various crime prevention engagement efforts, the SPF strives to enhance the crime prevention knowledge around our nation in every possible way. For our foreign workers, such crime prevention knowledge not only enhances their working environment, but also heightens their vigilance against crime in Singapore. In the SPF's relentless pursuit to achieve its mission, such crime prevention engagements go a long way towards safeguarding our every day.



Photo: Punggol NPC

Safeguarding our Way of Life

By Md Falliq
(Photos: Public Affairs Department)

Be Prepared. Our Response Matters. This is the slogan for the SGSecure movement which calls for everyone to unite and safeguard our way of life against terror attacks. In view of the heightened security climate, the Singapore Police Force (SPF) is continuously enhancing its counter-terrorism (CT) capabilities to ensure that we are well-prepared to respond swiftly and effectively to such attacks. From land to sea, the SPF has it all covered.

Read on as we unveil the strengths of our CT ensemble.



1. The IRT is a new operational capability to deter, detect and respond to any public security incidents and neutralise the attackers quickly to minimise casualties. IRT serve as a quick reaction force in neutralising armed threats and conduct high-visibility patrols at areas with high footfall to deter terrorist attacks. The IRT will complement other operational resources such as Ground Response Forces (GRFs) and Emergency Response Teams (ERTs) in enhancing SPF's overall Counter-Terrorism capabilities.

2. Consisting of selected regulars and Full-time Police National Servicemen (NSF) from the Protective Security Units (PSU), IRT officers are put through an intensive three-week course on special tactics and the use of high powered weaponry to undertake the IRT duty. This is over and above the six-week basic protective security course that they undergo as ProCom troopers.

3. IRT are largely made up of NSFs, and these NSFs are specially selected, trained and entrusted with heavier responsibilities to perform the role.

New Team on the Block: ProCom's In-Situ Reaction Team (IRT)

3 Facts About the Joint CT Effort by Public Transport Security Command (TransCom) and Police K-9 Unit



Source: [Straits Times] (c) Singapore Press Holdings Limited. Permission required for reproduction.

1. As part of the SPF's enhanced counter-terrorism efforts, Police K-9 sniffer dogs will join TransCom officers during their patrols in high-traffic areas such as MRT stations in the Central Business District.
2. The TransCom officers will look out for suspicious characters while their K-9 comrades detect explosives at bus interchanges and MRT stations.
3. The K-9s start their 12-week long training when they are only 18 months old. During this period, the handlers will form a closer relationship with their K-9 comrades through understanding their behaviours.

3 Facts About Rapid Deployment Troop (RDT)



1. The RDT is trained to respond to both public order and public security incidents.
2. The RDT officers are armed with the FN SCAR Mid-Range Weapon and HK USP Compact Pistol for their Public Security Operations, identical to their Police Tactical Troop counterparts.
3. The RDT officers are deployed on Tactical Response Motorcycles to enhance their versatility in manoeuvring through traffic gridlocks and different terrains, which in turn enhances their speed of response.



3 Facts

About ERT: Land Division (LD)

1. The ERT (LD) is a swift response force specially trained in counter-assault skills to complement the Ground Response Force in responding to terrorist attacks. They are the first wave of response to such attacks.
2. The ERT (LD) officers will undergo a full five-day training week of intensive training to maintain their tactical and counter-assault skills, after every 10 weeks of duty.
3. The ERT (LD) officers don about 17kg of gear.



3 Facts About ERT: Police Coast Guard (PCG)

1. The ERT (PCG) are trained to operate and respond to armed attacks on board vessels and on offshore islands. To be competent in these unique terrains, the ERT (PCG) are trained on board the PCG's Boarding and Search Trainer, and involved in exercises conducted by PCG on offshore islands.
2. The training requirements for the ERT (PCG) are different from the ERT (LD). Some of the training unique to the ERT (PCG) include completing a four metre pilot ladder climb and ascending a four storeys gangway from the ground level to the wheelhouse in full gear within a required timing.
3. To date, there are 443 ERT trained officers in the PCG, comprising both regular and NSF officers. By 2019, all frontline PCG officers would be ERT trained.

Streetcraft Challenge 2017

By Syam Roslan
(Photos: Special Operations Command)

The inaugural 'Streetcraft Challenge 2017' concluded on 29 November 2017 at the Home Team Tactical Centre. Previously known as the Streetcraft Competition, the competition aimed to assess the Singapore Police Force (SPF) frontline officers' tactical acumen, knowledge of procedures for both routine and contingency doctrines, and the application of contingency equipment when responding to major incidents.



Over 200 officers from all six Land Divisions took part in this competition, which also sought to generate awareness and enhance the tactical competencies of SPF's frontline responders.

The 'Force-on-Force' and 'Tactical Shooting' segments, which were a mainstay from previous editions, were further enhanced this year where the interoperability between the Ground Response Force (GRF) officers and the Emergency Response Team (ERT) officers were tested as well. Apart from the tactical segments, 'Crime-in-Progress' (CIP) exercises and the 'Ops Quiz' segments were also introduced.

Check out the four segments of the competition below to know how our officers are challenged!

Crime-in-Progress (CIP)

Held between 13 to 21 November 2017, this segment tested on-duty GRF officers' incident response capabilities. To reflect the true state of operational readiness, the tests were done through a series of 'cold-start' exercises, which meant that the officers were not told the exact date, time and location of the exercise as well as the scenario.

The officers were tested on their knowledge of handling a suspicious bag that was believed to contain an Improvised Explosive Device. Through this exercise, the officers were evaluated based on their application of the explosive detector device and bomb suppression blanket.

Officers felt that the CIP exercise is a good platform to validate learning and training outcomes. It also reinforces the need for officers to keep abreast of the latest changes in the Standard Operating Procedures (SOPs) and doctrines on operational readiness.

Surprise Quiz

An Ops Quiz was conducted on 22 November 2017 for the participants to test their knowledge of routine and contingency SOPs and doctrines. The Ops Quiz is a litmus test to evaluate their operational readiness. Participants were required to complete 20 Multiple-Choice-Questions (MCQs) and one essay question within 45 minutes and one hour respectively.

The essay question tested the Team Leader's understanding and application of the Major Incident Management Doctrine (MIMD), in particular, their ground assessment and actions as an initial Ground Commander during major incidents.

The Ops Quiz was a valuable exercise which enabled the Team Leaders to put their understanding of the revised MIMD into feasible action plans.



Tactical Shooting

Held on 29 November 2017, this segment adopted the International Practical Shooting Confederation (IPSC) format which tested participants' accuracy, power and speed in scoring a winning combination. The format comprised multiple stationary, reactionary and partially obscured targets which required a well-balanced amalgamation of appropriate footwork, sound tactical strategy and smooth shooting techniques to engage the targets effectively.

This component also enacted the high stakes of a typical armed attack scenario, which enabled the officers to appreciate the importance of firearm safety, and reinforced the need for them to stay focused on the mission.



Force-on-force

In the final straw, officers had to undergo a simulated active armed-attack scenario based on the MIMD's response framework. This segment required the initial Ground Commander to coordinate both his GRF and ERT officers' responses to restore the situation within the shortest possible time.

From this exercise, the officers were able to better identify their strengths and weaknesses when dealing with an armed attack incident.



While every participant gave their full dedication and commitment, there can only be one winner in any competition. Congratulations to Jurong Division for emerging top in the overall results to become the first Champion in the revamped Streetcraft Challenge 2017!

Happenings

Newly Commissioned NSPIs to Get Mentors

The National Service (NS) Mentorship Programme is a new initiative that was launched on 23 November 2017 to groom newly commissioned National Service Police Inspectors (NSPIs) for leadership positions in NS. NSPIs would be assigned a mentor to support their growth and development during their time serving NS. The initiative was announced by Mr Masagos Zulkifli, Minister for the Environment and Water Resources, at the graduation parade of the 66th Police National Service Officer Cadets.

10th CCID-CAD Liaison Meeting



Delegates from the Royal Malaysia Police's Commercial Crime Investigations Department (CCID) and the Singapore Police Force's Commercial Affairs Department (CAD) attended the 10th CCID-CAD Liaison Meeting that took place from 15 November 2017 to 17 November 2017. Held at the Awana Hotel in Genting Highlands, Malaysia, the annual meeting served as a platform for both agencies to share strategies on fighting commercial crimes affecting our countries and to strengthen bilateral ties. During the meeting, two successful joint operations highlighting our bilateral cooperation were highlighted. Both agencies also reaffirmed their commitment to continue working together to deal with the various criminal syndicates perpetrating transnational commercial crimes.



I am Unmanned Aerial Vehicle

By Darwisyah Daud
(Photo: Operations Department)



It all began with a buzz at the end of the field.

My airframe rapidly vibrated from the force of my engines and the torque of my propellers soon thrust me high into the air – raising a film of dust and gravel beneath me.

My propellers spun swiftly as I raced across the ground and past the backdrop of skyscrapers. As I approached closer to the scene, I could see thick gray smoke billowing into the skies. The once blue sky is now almost shrouded by a veil of darkness as the plumes of smoke slowly ascended into the horizon.

It was a riot. From afar, I managed to capture a real-time aerial video footage of the pandemonium at the streets of the district. The Police Tactical Troops from

the Special Operations Command, clad from head to toe in their anti-riot uniform, marched towards the perpetrators with their transparent shields and full visors. An air of authority descended upon the crowd as warnings were blared through loud hailers to disperse the protestors.

I heaved a sigh of relief. My fellow brothers-in-blue have finally put an end to the mayhem.

Who am I? I am the Unmanned Aerial Vehicle, ready to provide my fellow officers with real-time information on the ground to form a coherent situational picture for decision-making.

Having eyes sharper than that of an eagle, I am engineered with high definition wide-angle cameras which enables me to transmit real-time video footages of large scale events to the command post to support our brothers-in-blue in their operations. When things turn awry, I provide a superior vantage point and crystal clear vision for police officers to lay down the law.

My trusted companions, Siren and Blinkers, have a bright personality and they act as useful deterrents through visual and audible warnings to keep the crowds at bay. Heard enough? Perpetrators beware!

Countdown to 2018!

By Hadi Hafidz
(Photos: Public Affairs Department)

The evening skies of the last day of 2017 faded in as the countdown to 2018 drew closer by the hour. Soon after, the crowds erupted into an exuberant welcome of 2018 with dazzling fireworks lighting up the night sky, painting the perfect backdrop for an electrifying atmosphere buzzing with wishes of a happy new year. To ensure that the safety and security of this joyous event was not compromised, our officers worked tirelessly behind the scenes and scoured the ground throughout the event, scanning through gaps amongst the crowd to identify and mitigate any potential threats.

Kudos to the officers for their utmost dedication to this celebratory night!



Estimated Crowd
Turnout
120,000



More Than 700
Officers Deployed
Clocking
7,000 Manhours



More Than **50**
Cameras Deployed



2
New Technologies
Deployed
(UAV, Cameras with light & Sound)

POLICE DEPLOYMENT IN OTHER AREAS



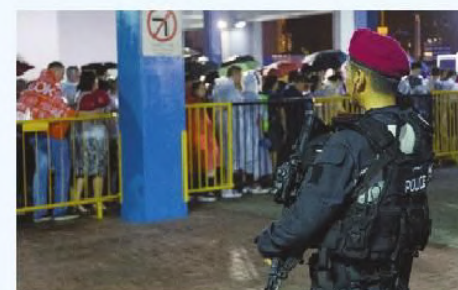
25
Countdown
Events Islandwide



More Than
1750
Officers Deployed



INCREASED
Police Presence



Life and Death in **A Matter of Seconds**

By Hadi Hafidz
(Photographer: Ridhwan Ismail)

What happened on the morning of 6 December 2017 will be a very memorable experience shared between Staff Sergeant (SSgt) Stanley Koh, SSgt Chan Wai Hong, Sergeant (Sgt) [Sgt (2)] Prem Rengasamy and Special Constable Corporal (SC/Cpl) Rajdave Singh from the Bukit Panjang Neighbourhood Police Centre (NPC).



At about 8 am that morning, the team received a call for help from a member of the public who spotted someone climbing out from the room window of a Housing Development Board flat on the fifth level and walking precariously along the ledge to reach the corridor outside the flat. The person was later identified to be a 24-year-old domestic helper who had decided to risk her life by climbing out from the room window to re-enter her employer's flat through the front gate from the corridor after realising that she was unable to exit one of the rooms due to a faulty door. This risky attempt nearly caused her life when she missed a step while attempting to cross over from the ledge to a female tenant who was trying to reach out to her from the corridor. Fortunately, the tenant managed to catch hold of her but she was not strong enough to pull her back to safety.

When the team reached the incident site and saw the situation, they knew that they had to act fast and raced up to the fifth level. SSgt Koh was the first to reach and approached with caution to avoid causing alarm as it could be a potential suicide case based on what they have been trained. As he got closer and realised what was happening, he immediately dashed forward to grab hold of the domestic worker and called out to his team to help. At that

moment, SSgt Koh told himself that he would never let her fall. Together with his team, the domestic helper was pulled to safety.

"We are thankful that we managed to reach in time. Within a matter of seconds, it could have been a tragedy," said SSgt Chan.

For SC/Cpl Rajdave Singh, who has just been attached to the Bukit Panjang NPC for one-and-a-half months, this episode reinforced the value of the training he had received and highlighted the importance of team work.

"There were a lot of learning points for me like time management and team work, because no one can do this alone," said SC/Cpl Rajdave Singh.

On a daily basis, our officers deal with a wide range of incidents, some are life threatening and some are not. Regardless of the type of incidents, the Singapore Police Force officers are committed to carrying out their duties while wearing the words from the Police Pledge on their sleeves; to uphold the law, to protect lives and property, to prevent and detect crime. Owing to this steadfast commitment, a precious life was saved that very day!

The Running **Men**

By Md Falliq
(Photos: Training & Capability Development Department)



Over the course of three months, the Senior Police Officers' Mess (SPOM) was abuzz with activity. It bore witness to runners hoping to complete the SPOM Running Challenge 2017, which comprised two challenges with different objectives to be met and prizes to be won.

A common theme among the challenges is that it required the participants to clock in a certain distance that either started or ended in SPOM over a period of 91 days between 2 October to 31 December.

Participants of varied fitness levels laced up their running shoes and gave chase to their ultimate goal – to accumulate the miles and eventually win the top prizes for each category.

Of all the challenges, the most demanding is the SPOM Ultra Running Challenge. Participants had to run a total of 300 km with at least 100 km covered by runs beginning or ending in SPOM.

Police Coast Guard's Deputy Superintendent of Police (DSP) Sebastian Yeo took up the toughest challenge. The 58-year-old seasoned runner who started running as a sport since 1981 was determined to achieve his personal target. Since then, he has been running twice a day, each lasting approximately two hours. Through his sheer

determination, DSP Yeo clocked a total of 1,602 km at the end of the challenge! This is no easy feat as it stretches not only his physical, but mental limits as well. In order to clock this mileage, it would mean that he ran on average 18 km every day over the entire period!

"My game plan to meet the challenge's criteria was to run from my home at Clementi to SPOM and back. This way, I am able to pile up the mileage and achieve the challenge's objective," shared DSP Yeo.

Other than winning prizes, the running challenge aimed to cultivate healthy living habits and encourage SPOM members to bond with one another.

Using this opportunity to build up her stamina, Inspector (Insp) Shantini d/o Rajendran from Tanglin Division attempted the SPOM Healthy Lifestyle Challenge. This challenge required participants to amass a total of 150 km with at least 50 km covered by runs beginning or ending in SPOM.

Although Insp Shantini mostly trained alone during that period, she also participated in the weekend group runs which were organised by the other participants as often as she could.

"Every Saturday we would gather at SPOM and run as a group. It feels good to run together as it boosts your morale while going through this challenge. I made new friends in the process," she chuckled.

Although the challenge was physically and mentally demanding, the participants took it in their stride and persevered amidst their hectic schedules. Beyond striving for excellence in their day job, our officers have shown that they have the tenacity and determination to achieve anything and everything that they have set their minds on. Kudos to the runners!



One
of
Us

ANAPURNA BASE CAMP 'ABC' (4130M)

ALL THE INTERNAL AND EXTERNAL

Hi, I am...

Yasmin Binte Yusof. I have been in the Singapore Police Force for the past five years and I am currently working in the Police Intelligence Department.

My list of hobbies/interests include...

Seeking new adventures through activities such as water rafting, snorkelling, paragliding and mountain trekking. I love the adrenaline rush in my veins!

My most recent adventure was...

Winter trekking in one of the mountains of Himalaya. This has got to be one of my toughest adventures. The terrain and weather challenges both your physical and mental limits. To prepare for the trip, I trekked on Bukit Timah Hill multiple times every weekend and climbed the stairs of Housing Development Board estates, among other workouts. Even with all these workouts, it was still a very challenging experience. But I made it!

The experience was...

Mentally and physically tiring. However, after reaching the peak, I felt that every step of the journey was worth it. No words could describe the breathtaking sight of the scenery at the peak. The experience of stretching my physical and mental limits also made me realise that I am stronger and more capable than I expected.

I remembered on one occasion when...

The snow was thick and every step felt like having weights strapped to my legs. At such high altitudes, the air was thin which made breathing difficult. There were moments when I just felt like giving up. But it is not so simple to just back track when you are up there. Thanks to the collective strong determination and encouragement from my trekking team, we were able to overcome our individual struggles and made it!

I believe...

"The core of man's spirit comes from new experiences" – a quote from Jon Krakauer, I am only starting to live those experiences and I am definitely looking forward to more new adventures.

